

	Competent	Needs Further Training
Overall Result		

Name of Assessor:	Signature of Assessor:	Date:

The above result has been discussed with me and advice has been given.

Signature of Trainee:	Date:

Contact Details:

# REACT OF FIRE

Pressure Ulcer Prevention  
Competency Assessment for SSKIN

Originally Funded by:

**NHS**  
Bassetlaw  
Clinical Commissioning Group

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NHS Foundation Trust

## S Surface

	Competent	Further Training
Identifies resident at risk and understands what pressure relieving equipment is needed.		
Understands and can follow the guide for the provision of support surfaces (page 13).		
Demonstrates an awareness of how to check that equipment is working and is well maintained. (Settings, faults, bounce, firmness and contamination).		
Knows how to report faulty equipment and to who.		

## S Skin Inspection

	Competent	Further Training
Is able to identify BESTSHOT pressure areas to check, and how often.		
Is able to perform Blanch Test and understands the results.		
Knows how to report and to who, any areas of redness or broken skin.		
Is able to document accurately and in a timely manner.		
Understands preventative measures that will require implementing.		

## K Keep Moving

	Competent	Further Training
Identifies who needs a repositioning schedule.		
Understands the need for regular repositioning.		
Can implement a good, resident specific, repositioning schedule.		
Awareness of the different techniques for repositioning and off loading, including glasses and oxygen tubing. (Pillows, 30 degree tilt, slide sheet, pressure relieving boots).		

## I Incontinence & Moisture

	Competent	Further Training
Understands the damage urine, faeces, sweat and wound leakage can cause.		
Understands how to prevent moisture damage.		
Understands the difference between barrier products.		
Understands how to use barrier products and when.		
Shows an awareness of continence products and how to use.		
Promotes regular toileting.		
Knows how to report and to who, any concerns. (Malodorous urine, concentrated urine and loose stools).		

## N Nutrition & Hydration

	Competent	Further Training
Has an understanding of why a good healthy well balanced diet is necessary for pressure ulcer prevention.		
Identifies residents at risk (underweight & overweight).		
Can implement a food diary.		
Shows an understanding of a fortified diet and the use of supplements.		
Knows how to report and to who, any concerns.		