

When mouth care becomes difficult

Don't overpower resistance. Understand it.



Pause

If distress is escalating.



Investigate

Could pain, discomfort, understanding, sensory factors or the environment be contributing?



Adapt

Change one or two things: timing, brush, flavour, surroundings, choice or level of support.



Record

Capture what happened and what worked, so the whole team can build on it.

New or persistent resistance, or signs of pain, swelling, bleeding or difficulty eating, should prompt appropriate dental or clinical advice.

